AN INJURY TO ONE IS AN INJURY TO ALL.

Visit our website to check out the digital version of this resource guide, which includes links to the resources provided, and ways to get involved in this struggle.

AFTACADEMICS.ORG

Created by the higher-ed union members of AFT Academics in solidarity with workers across industries and workplaces. An injury to one is an injury to all!
Abortion rights are workers' rights. Academia is often a hostile place for both parents and pregnant people. In addition to the health risks pregnant people face, workplace discrimination and an overall lack of support is also commonplace. Bodily autonomy is one's most basic right as a person. As people, it is among our most basic rights to be able to choose if and when we would like to become parents. Our workplaces must be committed to honoring this right by providing necessary support for both parents and those who choose not to become parents.

As a union and workers’ movement, AFT Academics is committed to making sure abortion care is accessible to all people who may need it. Workers deserve access to all types of medical care—including reproductive healthcare and abortion—safely, privately, and with dignity. In order to reflect the changing availability of access to safe abortion, we call for our employers to redouble their commitment to providing holistic healthcare by increasing paid time off, increasing available sick leave, and increasing workers' wages to cover potential costs arising from the need for out of state travel.

We are further aware that abortion rights do not exist in a vacuum. Thomas’ concurrence states our right to marry and be with the partners we choose (defined by Obergefell v. Hodges, Lawrence v. Texas) are future targets for the Supreme Court. The right to marry people outside one’s race (as defined in Loving v. Virginia) was decided on similar grounds to Roe v. Wade, and is in danger as well.

With its current right-wing super majority and unchecked power, the Supreme Court could very well target not only these rights, but workers rights, environmental protections, protections from discrimination, and criminalization of our daily existence.

Workers deserve to access all types of medical care—including reproductive healthcare. This most recent attack on bodily autonomy is unacceptable, as will be the future attacks on our existing rights and protections. And so, in response to our new post-Roe reality, we have compiled a number of resources to help abortion seekers and allies access and advocate for their needs. We hope that these resources can support you as you carry the struggle for dignity, autonomy, and protection back to your own communities and workplaces.

**TAKE ACTION**

**Share Your Story**

We Testify
instagram.com/wetestify

**Shout Your Abortion**
shoutyourabortion.com

**Get Involved**

Join AFT Academics
bit.ly/AFTAcademics

**Share this Guide**

Visit the AFT Academics website for the latest version of the abortion access resource guide.
aftacademics.org/abortion-rights

Follow and tag us if you share the guide!

@AFTAcademics on Twitter, Facebook, and Instagram
ABORTION FUNDS

AbortionFunds.org/Funds
National Network of Abortion Funds helps you find and donate to your local abortion fund.

NEWS & BACKGROUND INFO

Abortion Explained
wetestify.org/abortion-explained

When Workers Lose Abortion Rights, the Boss Gains a Bargaining Chip
jacobin.com/2022/07/abortion-rights-dobbs-workers-unions-starbucks-amazon-uber

What a Story of 1970s Abortion Activism Can Teach Us Today
theatlantic.com/culture/archive/2022/06/the-janes-hbo-max-review-abortion-roe/661446

How Unions Are Fighting to Protect Abortion Rights
inthesetimes.com/article/abortion-reproductive-rights-supreme-court-roe-v-wade-union-contracts

Why We Wear Green Bandanas for Abortion Rights
leftvoice.org/why-the-green-bandana-for-abortion-rights

AFTA is not endorsing any of the organizations, websites, or products listed in this guide. As we are not providing these services we cannot guarantee their effectiveness and we encourage you to take these suggestions as a starting point for your own research.
ABORTION HEALTHCARE FACILITIES

linktr.ee/abortioncarenetwork
A list of nearest states where people can access abortion care with mileage estimates to cities with clinics.

MEDICAL (PILL) ABORTION ACCESS

Aidaccess.org
Source for telehealth medical abortions. Appears to deliver regardless of the laws in your state.

PlanCPills.org
Helps you access medical abortion in every state.

PlanCPills.org/states/west-virginia#mail-forwarding
Guide on mail forwarding and virtual mailboxes for medical abortion access (not just for West Virginia, as suggested by the link)

HeyJane.co
Another source for medical abortion (more expensive than Aid Access)

FINANCIAL ASSISTANCE & LOGISTICS

AbortionFunds.org/need-abortion
Connects people with their local abortion access organizations for financial and logistical support.

BrigidAlliance.org
The Brigid Alliance is a referral-based service that provides people seeking abortions with travel, food, lodging, child care and other logistical support.

ElevatedAccess.org
Volunteer pilots transport passengers at no cost to access the healthcare they need.

SECURE BROWSING & MESSAGING

Secure Browsers
Top 10 Secure Browsers That Protect Your Privacy in 2022
restoreprivacy.com/browser/secure

VPNs
What is a VPN?
kaspersky.com/resource-center/definitions/what-is-a-vpn
 Choosing the VPN That’s Right for You | Surveillance Self-Defense
ssd.eff.org/en/module/choosing-vpn-thats-right-you

Secure Messaging
Signal Secure Messaging App
signal.org/en

Security Tips
Should Really You Delete Your Period Tracking App?
eff.org/deeplinks/2022/06/should-you-really-delete-your-period-tracking-app

Safety tips for people seeking abortions
eff.org/deeplinks/2022/06/security-and-privacy-tips-people-seeking-abortion