

**AN INJURY
TO ONE IS
AN INJURY
TO ALL.**

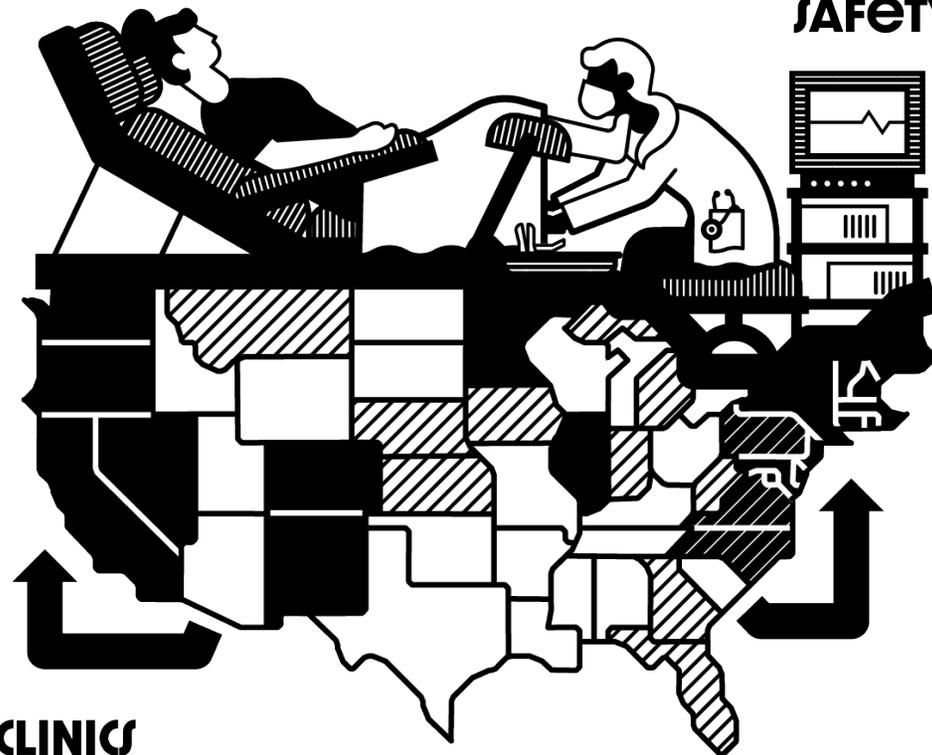


Visit our website to check out the digital version of this resource guide, which includes links to the resources provided, and ways to get involved in this struggle.

AFTACADEMICS.ORG

ABORTION

**CHOICE
RIGHTS
SAFETY**



**CLINIC
SUPPORT
MEDICAL**

ACCESS

A RESOURCE GUIDE

Created by the higher-ed union members of AFT Academics in solidarity with workers across industries and workplaces.
An injury to one is an injury to all!

Abortion rights are workers' rights. Academia is often a hostile place for both parents and pregnant people. In addition to the health risks pregnant people face, workplace discrimination and an overall lack of support is also commonplace. Bodily autonomy is one's most basic right as a person. As people, it is among our most basic rights to be able to choose if and when we would like to become parents. Our workplaces must be committed to honoring this right by providing necessary support for both parents and those who choose not to become parents.

As a union and workers' movement, AFT Academics is committed to making sure abortion care is accessible to all people who may need it. Workers deserve to access to all types of medical care—including reproductive healthcare and abortion—safely, privately, and with dignity. In order to reflect the changing availability of access to safe abortion, we call for our employers to redouble their commitment to providing holistic healthcare by increasing paid time off, increasing available sick leave, and increasing workers' wages to cover potential costs arising from the need for out of state travel.

We are further aware that abortion rights do not exist in a vacuum. Thomas' concurrence states our right to marry and be with the partners we choose (defined by Obergefell v. Hodges, Lawrence v. Texas) are future targets for the Supreme Court. The right to marry people outside one's race (as defined in Loving v. Virginia) was decided on similar grounds to Roe v. Wade, and is in danger as well.

With its current right-wing super majority and unchecked power, the Supreme Court could very well target not only these rights, but workers rights, environmental protections, protections from discrimination, and criminalization of our daily existence.

Workers deserve to access all types of medical care—including reproductive healthcare. This most recent attack on bodily autonomy is unacceptable, as will be the future attacks on our existing rights and protections. And so, in response to our new post-Roe reality, we have compiled a number of resources to help abortion seekers and allies access and advocate for their needs. We hope that these resources can support you as you carry the struggle for dignity, autonomy, and protection back to your own communities and workplaces.

TAKE ACTION

Share Your Story

We Testify

[instagram.com/wetestify](https://www.instagram.com/wetestify)

Shout Your Abortion

shoutyourabortion.com

Get Involved

Join AFT Academics

bit.ly/AFTAcademics

Share this Guide

Visit the AFT Academics website for the latest version of the abortion access resource guide.

aftacademics.org/abortion-rights

Follow and tag us if you share the guide!

@AFTAcademics on Twitter, Facebook, and Instagram





ABORTION FUNDS

AbortionFunds.org/Funds

National Network of Abortion Funds helps you find and donate to your local abortion fund.

ABORTION RIGHTS ARE WORKERS RIGHTS.

NEWS & BACKGROUND INFO

Abortion Explained

wetestify.org/abortion-explained

When Workers Lose Abortion Rights, the Boss Gains a Bargaining Chip

jacobin.com/2022/07/abortion-rights-dobbs-workers-unions-starbucks-amazon-uber

What a Story of 1970s Abortion Activism Can Teach Us Today

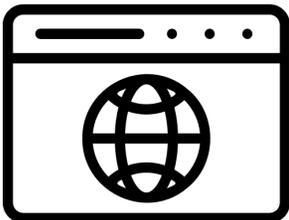
theatlantic.com/culture/archive/2022/06/the-janes-hbo-max-review-abortion-roe/661446

How Unions Are Fighting to Protect Abortion Rights

inthesetimes.com/article/abortion-reproductive-rights-supreme-court-roe-v-wade-union-contracts

Why We Wear Green Bandanas for Abortion Rights

leftvoice.org/why-the-green-bandana-for-abortion-rights



AFTA is not endorsing any of the organizations, websites, or products listed in this guide. As we are not providing these services we cannot guarantee their effectiveness and we encourage you to take these suggestions as a starting point for your own research.



ABORTION HEALTHCARE FACILITIES

linktr.ee/abortioncarenetwork

A list of nearest states where people can access abortion care with milage estimates to cities with clinics.

MEDICAL (PILL) ABORTION ACCESS

[Aidaccess.org](https://aidaccess.org)

Source for teleheath medical abortions. Appears to deliver regardless of the laws in your state.

[PlanCPills.org](https://plancpills.org)

Helps you access medical abortion in every state.

[PlanCPills.org/states/west-virginia#mail-forwarding](https://plancpills.org/states/west-virginia#mail-forwarding)

Guide on mail forwarding and virtual mailboxes for medical abortion access (not just for West Virginia, as suggested by the link)

[HeyJane.co](https://heyjane.co)

Another source for medical abortion (more expensive than Aid Access)

FINANCIAL ASSISTANCE & LOGISTICS

[AbortionFunds.org/need-abortion](https://abortionfunds.org/need-abortion)

Connects people with their local abortion access organizations for financial and logistical support.

[BrigidAlliance.org](https://brigidalliance.org)

The Brigid Alliance is a referral-based service that provides people seeking abortions with travel, food, lodging, child care and other logistical support.



[ElevatedAccess.org](https://elevatedaccess.org)

Volunteer pilots transport passengers at no cost to access the healthcare they need.

SECURE BROWSING & MESSAGING

Secure Browsers

Top 10 Secure Browsers That Protect Your Privacy in 2022

restoreprivacy.com/browser/secure

VPNs

What is a VPN?

kaspersky.com/resource-center/definitions/what-is-a-vpn

Choosing the VPN That's Right for You | Surveillance Self-Defense

ssd.eff.org/en/module/choosing-vpn-thats-right-you

Secure Messaging

Signal Secure Messaging App

signal.org/en

Security Tips

Should Really You Delete Your Period Tracking App?

eff.org/deeplinks/2022/06/should-you-really-delete-your-period-tracking-app

Safety tips for people seeking abortions

eff.org/deeplinks/2022/06/security-and-privacy-tips-people-seeking-abortion

